



Parent Orientation Nursery 2020-21



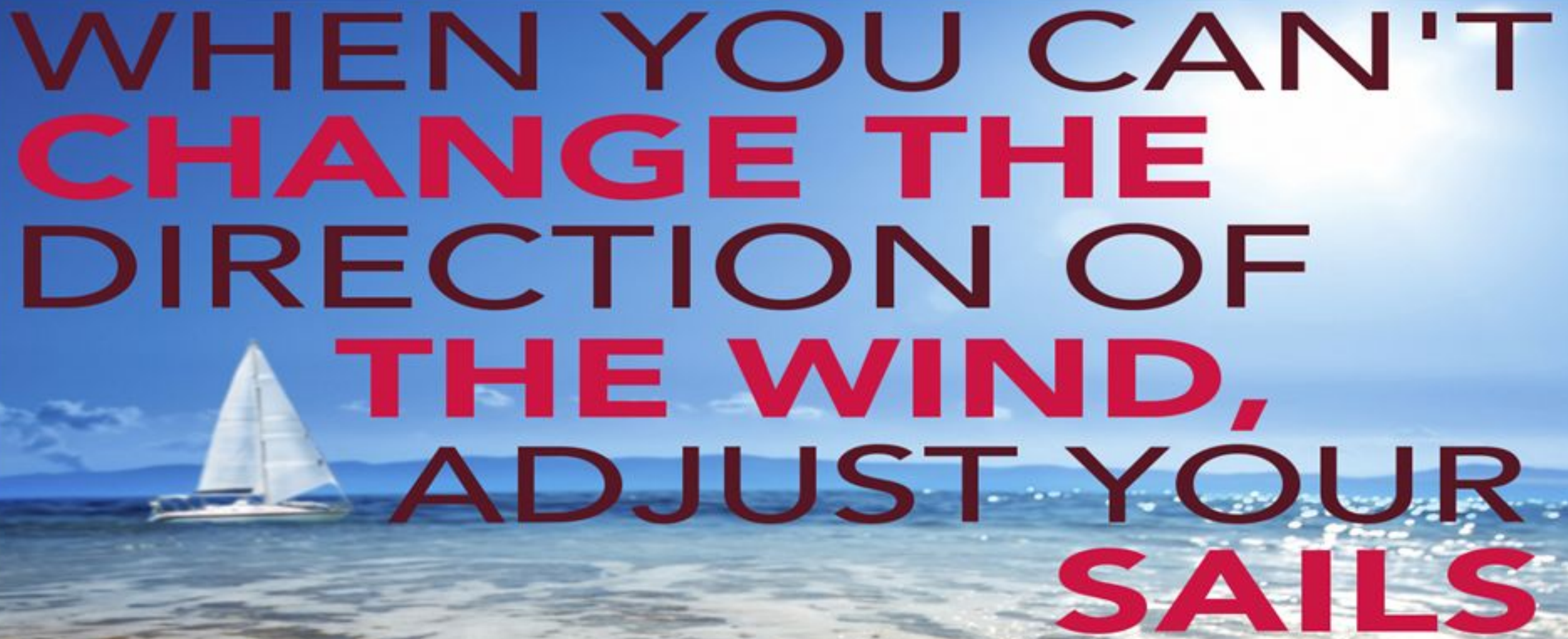
ATTITUDE

IS A LITTLE THING

THAT MAKES A

BIG DIFFERENCE

- WINSTON CHURCHILL

A photograph of a sailboat on the ocean with a quote overlaid. The quote is in large, bold, red and dark red letters. The background shows a blue sky, a white sailboat, and waves crashing onto a sandy beach.

WHEN YOU CAN'T
CHANGE THE
DIRECTION OF
THE WIND,
ADJUST YOUR
SAILS

-H. Jackson Brown J

Vision Statement



To create happy, thinking
and feeling **Sanskritians**
who will be change makers.



It is our endeavour to equip our students with the right attitude and aptitude to face any challenges.



Your children are not your children. They are the sons and daughters of Life's longing for itself... You may house their bodies but not their souls, for their souls dwell in the house of tomorrow, which you cannot visit, not even in your dreams.

- Kahlil Gibran

Infrastructure

- Auditorium
- Swimming Pool
- Gymnasium
- Library
- Computer Labs
- Maths Lab
- Canteen
- AV room
- Infirmary



Showing the way....Our Teachers



Junior School In-charge: Suruchi Lal

Co-ordinator Inclusive Education: Ambita Verdi
Jr. School Counsellor: Mamata Praveen

CLASS TEACHERS

Section A: **Vandana Sethi (Rep)**, Jatinder Kaur

Section B: Anupama Jadhav, Teena Duggal

Section C: Rashi Chawla, Sukanya Mukherjee

Section D: Kavita Rawal, Preeti Rajput

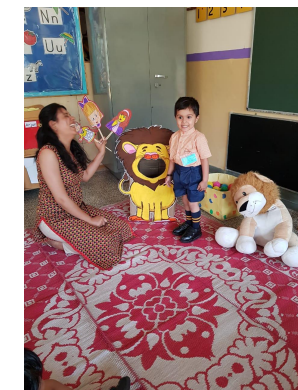
Section E: Lakshmi Viswanath, Ashita Bhasin Chhabra

Email id of all teachers is:

full name(no space or capital letters)[@sanskritischool.edu.in](mailto:sanskritischool.edu.in)

What we learn in Nursery

- The focus in Nursery is on the **Pre- learning Skills** of the students.
- **Collaborative and Experiential Learning** is given importance
- Children are not taught to write, instead their **fine motor skills** are worked upon through various activities to strengthen their muscles and coordination
- Increasing the child's **expressive and receptive language** through various language games



NEVER STOP LEARNING, BECAUSE LIFE NEVER STOPS TEACHING



- *Shift to remote learning*

Remote learning provides an opportunity for students and teachers to remain connected and engaged with the curriculum while working from their homes.

- Students at Sanskriti benefit from Inclusive Education. It is critical to understand differences and be accommodative.
- Emphasis on developing life skills

Learning continues.....



- CTIP period starts at 8.45 am
- Children have been divided into 2 groups. Each group will have 2 sessions a week and there is 1 session for the entire class weekly.
- We have included an activity period everyday. Different activities have been incorporated into our daily timetable to change the pace and style of learning, especially during these times, so that students have an even greater experience of school and are able to connect with each other more deeply.

Guidelines



- **Punctuality is essential** – Students must join their online classes **on time at 8.45 a.m.**
- Children must be woken up early and should be ready for class
- Designate a working space for the children which should be the same everyday
- Children should have had a bath and are ready for class.
- Ensure that children do not attend class on an empty stomach. Please refrain from feeding the children while they are attending class.
- Children must be toilet trained

MONITORING WELLBEING



Keep a consistent sleep schedule

- Get up at the same time every day, even on weekends or during vacations.
- Waking up usually has to be at a fixed time, hence going to sleep is at your choosing.
- Set a bedtime that is early enough for you to get at least 7 hours of sleep.



- Turn off electronic devices at least 30 minutes before bedtime.
- And don't keep those smartphones plugged in near your bed.
- Activate the Do Not Disturb feature, at a fixed time every night automatically

Strictly NO 'screens' in bed

Exercise regularly – get at least 30 minutes of vigorous activity on most if not all days.



- Make your bedroom quiet and relaxing.
- Keep the room at a comfortable, cool temperature.
- Keep the room as dark as possible.

Establish a relaxing bedtime routine



Reaching out to our Young Learners....



- It is our sincere endeavour to reach out to each and every student .
- For addressing issues related to accessibility to the Meet Sessions/ Google Classrooms, please do not hesitate to reach out to the following -
 - *Ms Suruchi Lal (Jr School Incharge)
 - *Ms AmbitaVerdi (Inclusive Education Coordinator)
 - *Class Teachers



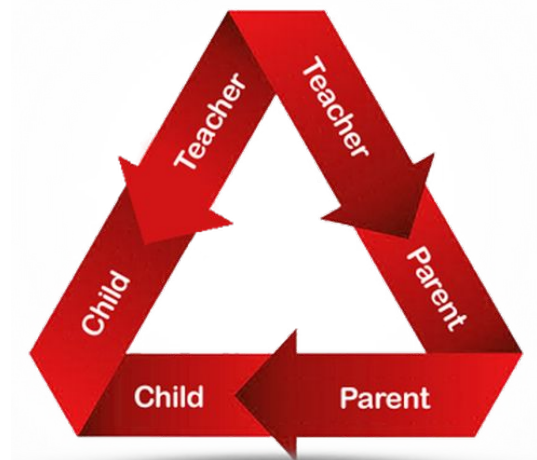
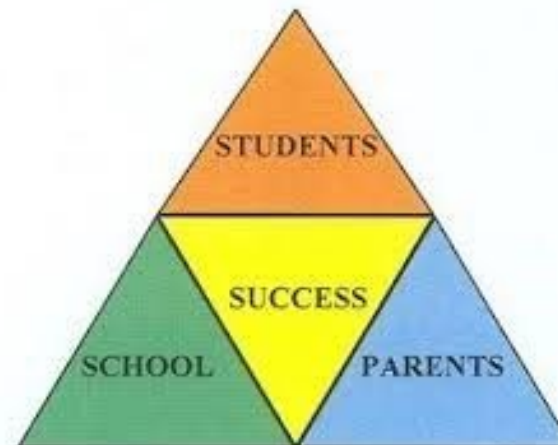
- Parents are requested to inform the class teacher in case their child is unwell and is likely to be absent from class. If ever your child is unable to join classes, kindly inform the class teacher by writing an email .
- Do check the **school website** regularly



Parent support



We thank you dear parents, for working with us to support our student. We acknowledge how equally challenging it has been for you, as parents and families too. We know that our students have needed your support more than ever. We also know that they will continue to need our support, to flourish during and after this terrible pandemic.



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Seeing Unlimited Possibilities.....

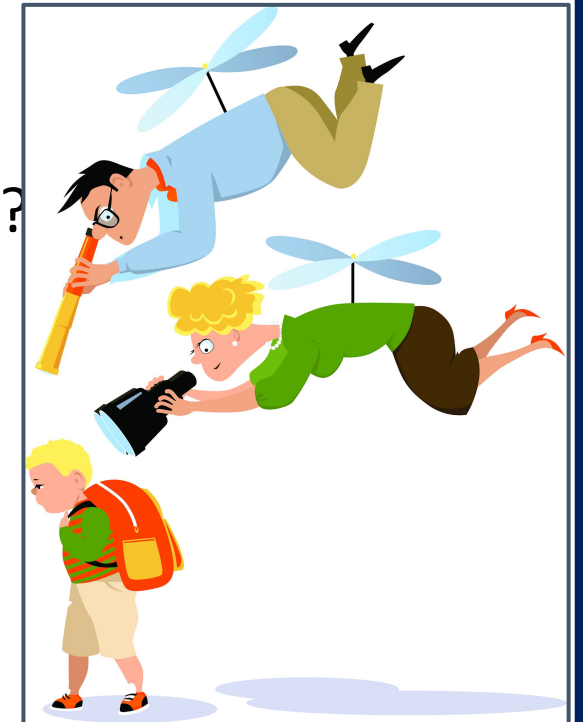
- Take out time for your children
- Don't live your dreams through your children –
Every child is unique—**don't compare.**
- **Know your child's individual ability**
- Give rewards judiciously – and also be firm





Am I a Helicopter Parent?

- Do I relate 'love' with 'success' ?
- Do I feel upset with myself if my child fails?
- Do I try to fight my child's battles?
- Do I take on my child's projects as my own?
- Do I talk about 'we' instead of 'he/she' ?
- Do I always take decisions for my child ?
- Am I overly concerned about my child's schedule?
- Am I constantly calling my child's teacher?



Ways to Nurture Your Child



One of the most important qualities of good parenting is nurturing your child. Nurturing means showing your children they are loved and accepted so that they can grow and develop. **One way to nurture your child is to begin with giving them responsibilities within the family that are appropriate for their age and will provide them with a sense of accomplishment and pride.** It will require some time, patience and perseverance but will set the stage for developing your child's character and responsibility.

Remember to **praise your child** when he/she accomplishes a task and tell them how responsible they are by doing the chores. This will help them to begin to understand responsibility and see that they have a role in the family that is helpful and meaningful.



Some appropriate chores:

- Clean up spills
- Pick up toys
- Wipe off part of the table after a meal
- Set the table
- Match socks
- Switch off TV or lights
- Put folded clothes in a drawer
- Hold the door for others
- Carry small, unbreakable items from the car





CHANGE IN ADDRESS:

- Parents are required to inform the school authorities/class teacher if there is any change of address and telephone numbers (Important in case of emergency and we need to contact the parents)
- Parent/student profile should be updated on the school website regularly.



NOTE!
ADDRESS CHANGE

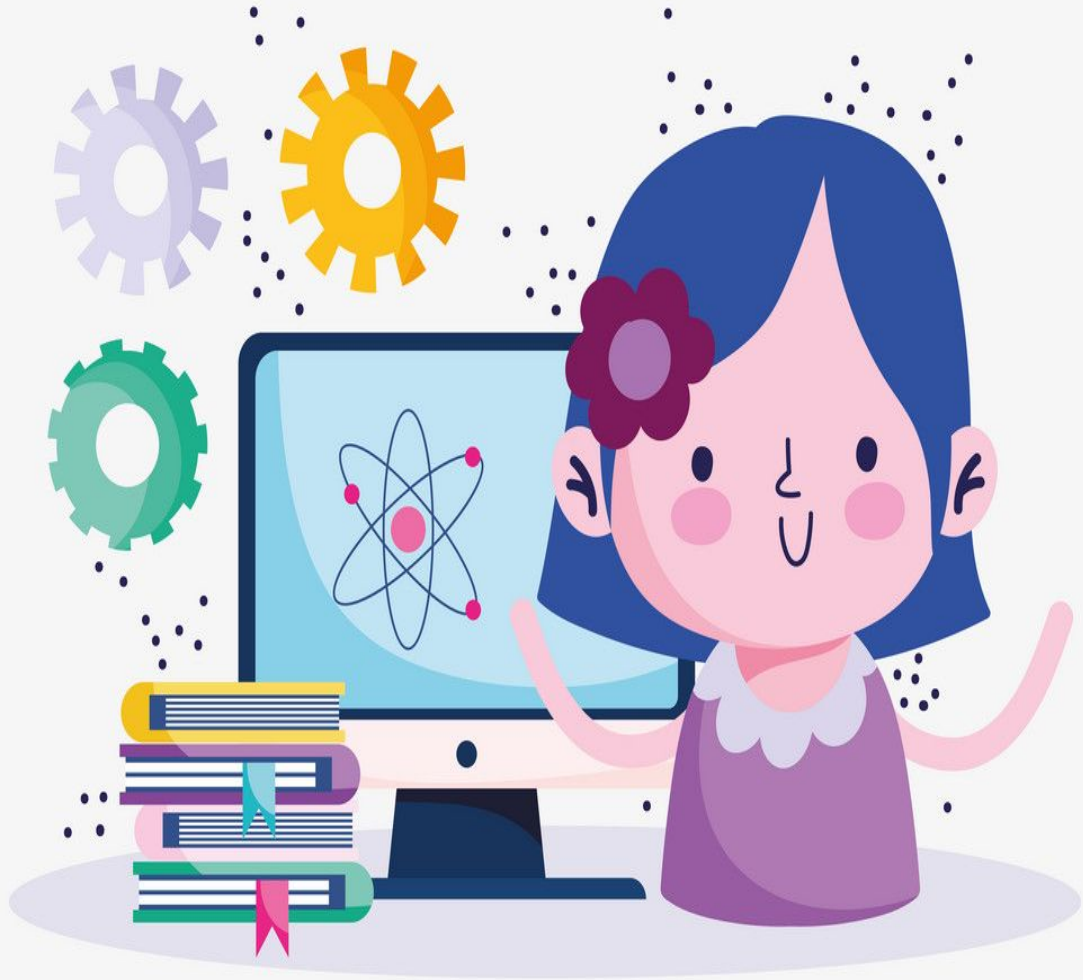


CAN'T
WAIT
TILL
SCHOOL
STARTS

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We miss being with
our little ones





Stay Home
Take Care



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